

Summer Goals (from the perspective of two 9-year-olds), Episode 66



Power of Moms
A Gathering Place for Deliberate Mothers

In this episode, Saren interviews her two nine year old twins, Silas and Oliver, about how to achieve goals, what's so good about goals, and what their own goals for the summer are.

Every day the Looslis have a list of "Must dos" which include a physical point, reading/writing, practice point (music, etc), and home point.

What's so good about goals?

We set goals to make achievements in life. Parents give us money when we do our goals, but it's not just about money. You want to achieve your goals so that you can do things that you wouldn't do if you weren't doing the goal. It's better than just sitting around, doing non-useful things. Looslis do watch TV and play video games, but they like to do other things first.

Goals help us practice and be better.

What are some of your summer goals?

Many of Silas and Oliver's goals are the same. It's ok to copy the goals of others but it's good to set your own.

Some of their goals include:

- Going up Malan's Peak every week so that it can be done in two hours
- Making fifty baskets a day three times a week and by the end of the summer do ten in a row
- Playing three songs on the guitar
- Learning how to play the drums and save up to get his own set

- Working on computer programming.
- Read all the books in the Harry Potter series
- Read the Mysterious Benedict Society Series.

Do you get bored in the summer?

Nope. Because there's wet Wednesday, make-it Monday, and take a trip Tuesday. It makes it so there's always something to do.

What do you do when you don't feel like doing your point?

Stop and think about it, just do it and then you're done. The home point or cleaning point is not Oliver's favorite but once it's done, it's done and he can move on to doing something else. Once you're done with that job see if you can then watch TV or something. Just do it and then see if you get privileges. You can even get extra points if you watch a learning show or a learning game. Must-dos take about 2 hours in the morning, so not that long.

Is there anything to change about the summer goals? Nope.

What do you do for your writing point?

Write from a prompt every day. Writing is important. We need writing for college and school and a job. It's not the favorite thing, but we stick with it every day. If you don't feel like doing it, just start writing and soon you'll have two pages. Sometimes starting is the problem. Once you start it though, it's not so bad, and then you're done.

Loosli Summer Camp Rules!

Transcribed by Rosie Liljenquist