

Are You Making a Difference?

Episode 31



Power of Moms

A Gathering Place for Deliberate Mothers

It seems that all mothers have at least one moment where they wonder, “Am I making a difference?” Sometimes changing diapers and making mac-n-cheese doesn’t seem to be affecting the world very much. Would our service be more valuable if we were providing water and food to a third world country?

Saren shares how when she was younger she was able to study International Development in school and she had such a passion for being able to better lives in third world countries through modern medicine education and other resources. Following college, Saren worked in Eastern Europe at orphanages for 1 ½ years, helped in Guatemala, and helped to build a school and clean basic wounds in Kenya. Her dream of being able to serve and contribute in such meaningful ways was realized and so appreciated. Saren’s ultimate dream, however, was to have children. She realized that she wanted to instill in her children the desire and the ability to be contributors, and thus a ripple effect of contribution would be born. Helping her kids with their scraped knees, and helping her children with their homework after school seemed to parallel her efforts in Kenya. Both contributions are beautiful, important and deep.

Recognize that there are a lot of ways to contribute from your home, and maybe you already are! Here are some ideas to think about:

- Make sure that you aren’t trying to do the work that sounds glamorous, just in a way that will be helpful. Sometimes those are anonymous ways to serve, or mundane ways to serve.
- We can help our children understand what life is like for Kenyans by just spending a few minutes on the internet. We can save the money we would spend on the family’s airfare to Kenya and donate it to an established and trusted organization.
- Making humanitarian kits at home, and sending them abroad to other countries.
- The important thing is that we are using our talents, and progressing in them. It is much less important what those things are.
- The most accessible and tiny ways to help are no less wonderful than difficult and exotic ways of helping. There could be ways to help in your home, ways to help in your neighborhood,

community, etc. that are deeply meaningful and satisfying. Nothing big and grand started out that way.

“We do no great things, only small things with great love.”

--Mother Teresa

Other sources:

Big Things Are Made Out of Little Things. Found at: <http://powerofmoms.com/2013/12/big-things-are-made-out-of-little-things/>

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